



Grocery Price Chart

These are typical prices or “good deals” that I would expect to pay for these products. Each price listed is the absolute highest I recommend paying for each product.

Meat

Ground Beef	\$1.99/lb or less	Pork Roast	\$1.99/lb or less
Ground Round or Chuck	\$2.49/lb or Less	Pork Chops	\$1.49/lb or less
Beef Roast	\$3.00/lb or less	Bone in Chicken	\$1.29/lb or less
Boneless Skinless Chicken	\$1.99/lb or less	Hot Dogs	\$2.50
Lunchmeat	\$2.49/lb	Bologna	\$1.49

Fruits & Vegetables(non-organic)

Apples	\$1.29/lb	Canteloupe	\$1.99
Pears	\$0.99/lb	Blueberries	\$1.99/pint
Bananas	\$0.57/lb	Grapes	\$1.99/lb
Peaches	\$1.99/lb	Lemon/Lime	\$0.50/each
Strawberries	\$1.99/lb	Potatoes	\$2.50/3lb bag
Baby Carrots	\$0.99/lb	Green Beans	\$0.99/lb
Squash/Zucchini	\$0.99/lb	Onions	\$0.99/lb

Baby

Diapers	\$0.20 per diaper	Formula	\$0.98/oz powder
Wipes	\$0.02 per wipe	Baby Food	\$0.59/jar

Condiments/Oils

Ketchup	\$0.99/each	Peanut Butter	\$1.99/each
Mayonnaise	\$1.99/each	Jelly/Jam	\$1.49/each
Mustard	\$0.50/each	Pickles/Relish	\$0.99/each
Vegetable Oil	\$1.99/bottle		

Canned Goods/Grocery

Canned Vegetables	\$0.55/each	Pasta	\$0.75/lb
Canned Beans	\$0.49/each	Rice	\$0.49/lb
Canned Tuna	\$1.00/each	Flour	\$2.99/bag
Canned Tomatoes	\$0.49/each	Sugar	\$1.99/bag
Pasta Sauce	\$1.59	Canned Fruit	\$1.00/each
Macaroni & Cheese	\$0.69	Vegetable Oil	\$1.99/each
Boxed Dinners(like Hamburger Helper)	\$0.75/each	Boxed Cereal	\$1.99/each
Instant Oatmeal	\$1.99/each	Pop Tarts 8 ct	\$1.67
Oats(32 oz)	\$2.99/each	Boxed Rice Mixes	\$0.75/each
Barbecue Sauce	\$0.99	Salsa	\$1.99
Mustard	\$0.50	Olive Oil	\$3.99
Cooking Spray	\$2.99	Fruit Snacks	\$1.50
Chips	\$1.99	Cookies	\$2.50
Crackers	\$2.50	Popcorn	\$2.49
Instant Breakfast Drink	\$2.99	Salad Dressing	\$1.99
Bread, Loaf	\$1.99	Buns	\$1.00

Baking Products

Flour	\$1.99 5 lb	Sugar, Granulated	\$2.99 5 lb
Baking Soda	\$.99	Baking Powder	\$.99
Cake/Cooke/Brownie Mix	\$1.00	Frosting	\$1.00
Sugar, Brown & Conf.	\$.99/lb	Evaporated Milk	\$.99
Sweetened Condensed Milk	\$1.99	Chocolate Chips	\$1.99/bag

Frozen

Chicken Nugget Bag	\$4.99	Family Size Entrees	\$5.99
Chicken Tenders Bag	\$5.99	Frozen Pizzas Deluxe	\$5.99
Frozen Veggies	\$1.00	Frozen Pizzas Small	\$1.25
Frozen Entrees for One	\$2.50	Popsicles	\$2.99
Frozen Fruit	\$1.99	Frozen Rolls/Bread	\$2.99
Ice Cream	\$3.99	Frozen Desserts	\$3.99

Dairy/Refrigerated Case

Milk	\$3.59/gallon	Eggs	\$1.99/dozen
Cookie Dough	\$2.99	Yogurt Cups	\$0.50
Yogurt Multi Packs	\$2.00	Refrigerated Biscuits	\$1.99
Misc. Refrigerated Dough	\$1.99	Cheese(shredded, Cubed, Chunks)	\$1.99/ half lb
Cream Cheese	\$1.59	Refrigerated Bagels	\$2.59